

高中英语教师教学理论考试试题

学校_____姓名_____得分_____

(考试分值：100分 考试时间：120分钟)

第一部分 填空题

请根据普通高中英语课程标准在以下题目中填上正确答案。(共10分，每题1分)

1、学科核心素养是学科育人价值的集中体现，是学生通过学科学习而逐步形成的正确价值观必备品格和关键能力。英语学科核心素养主要包括_____、_____、_____、_____。

2、普通高中英语课程是高中阶段全面贯彻党的教育方针、落实_____根本任务、发展英语学科核心素养，培养社会主义建设者和接班人的基础文化课程。

3、英语课程内容是发展学生英语学科核心素养的基础，包含6个要素：主题语境、语篇类型、语言知识_____、语言技能和_____。

4、高一年级教学的基本要求是“抓好初高中衔接；坚持_____，实施分层次教学”。

5、英语教师不仅要加强对学生学习策略的指导，帮助他们形成_____能力，还要利用_____，拓宽学习和运用英语的渠道。

第二部分 阅读理解 (共两节，总分30分)

第一节 (共10小题；每小题2分，总分20分)

阅读下列短文，从所给的A、B、C、D四个选项中，选出最佳选项。

A

How to Exercise

Exercise is a key part of staying healthy, but figuring out how to get more active can be tough. If you're not used to physical activity, start slowly. Always listen to your body's limits, and ask your doctor for advice in case of any medical issues. Importantly, create an exercise routine.

Warm up for at least 5 to 10 minutes before exercising. When you warm up, target the muscles you plan on exercising, but use less intense movements. For instance, walk for 5 to 10 minutes before jogging or doing

a lower body workout.

Try to get 30 minutes of aerobic exercise per day. As a rule of thumb, you should get at least 30 minutes of moderately intense aerobic exercise daily. Examples include going for brisk walks and a jog, running, cycling and swimming.

Include strength training at least 2 days per week. Strength training involves using free weights, resistance bands, or your own body weight to strengthen your muscles. For starters, try doing upper and lower body workouts 1 day a week. Then gradually include 3 to 4 strength training days in the weekly routine.

Mix up your routine to keep things interesting. Varying your activities can help keep you from getting bored. That can motivate you to stay on track. Additionally, switching your workouts will exercise your entire body and help prevent injury.

Walk for 5 to 10 minutes and stretch to cool down. You need gentler exercises to ease your body from working hard to being at rest. Cool down by walking for 5 to 10 minutes and stretching the muscles your workout targets.

()6. What is the first recommendation for someone who is not used to physical activity?

- A. Start with high-intensity workouts. B. Join a gym.
C. Start slowly. D. Consult a personal trainer.

()7. Which of the following is NOT considered a moderately intense aerobic exercise?

- A. Brisk walking. B. Jogging.
C. Cycling. D. Weight lifting.

()8. What is the main purpose of varying your exercise routine?

- A. To make it more difficult.
B. To get bored quickly.
C. To stay motivated and prevent injury.
D. To focus on one part of the body.

B

The Terrifying Flood

I still remember the terrifying flood that hit our town last summer. It was a disaster that none of us were prepared for.

One morning, the rain started pouring down without any sign of stopping. As the hours passed, the rivers began to overflow, and water rushed into the streets. Before we knew it, our neighborhood was submerged.

I looked out of the window and saw cars floating away and debris everywhere. People were shouting for help, but the force of the water was too strong. My family and I quickly moved to the upper floor of our house, hoping for safety.

The whole town was in chaos. Some people were trapped in their houses, and rescue teams were struggling to reach them. The sound of screams and the cries of people filled the air.

It took days for the water to recede, and when it did, the damage was unimaginable. Homes were destroyed, and many lost all their possessions. But in the midst of this disaster, I also saw the strength and kindness of our community. People came together to help each other, sharing food and supplies.

That flood was a harsh reminder of the power of nature and the importance of being prepared for such unforeseen events.

() 9. What caused the flood?

- A. A heavy rain. B. A strong wind.
C. A snowstorm. D. A drought.

() 10. What did people do in the disaster?

- A. They fought with each other. B. They helped each other.
C. They ignored the others. D. They left the town alone.

() 11. Where is this passage most likely to be taken from?

- A. A science fiction novel. B. A geography textbook.
C. A news report. D. A personal diary.

C

Traveling around can be a fantastic experience, especially when you visit countries with rich histories and diverse cultures. One such destination is Peru. Known for its breathtaking landscapes and ancient ruins, Peru offers an adventure that's unique to any traveler.

In Peru, you can explore the majestic Machu Picchu, an ancient Incan city that sits high in the Andes mountains. The views are spectacular, and the air is filled with a sense of mystery and history. While in the capital city, Lima, you can experience a vibrant culture that blends traditional practices with modern influences. Street festivals, colorful markets, and lively music scenes are also a few highlights.

A significant part of traveling is understanding the local language. In Peru, Spanish is the most widely spoken language, but you might also hear Quechua, an indigenous language that has been spoken in the

region since time immemorial. Learning a few basic phrases in these languages can make your trip more enticing and help you connect with the local people.

When visiting a new place, immersing yourself in the local culture and trying to speak the language can enhance your overall experience. Your journey around Peru will undoubtedly leave you with unforgettable memories and a deeper appreciation for this beautiful country.

() 12. What is the main focus of the passage?

- A. Exploring the ancient ruins of Machu Picchu.
B. Describing the cultural and language diversity of Peru.
C. Providing travel tips for visiting Peru.
D. Discussing the history of the Incan empire.

() 13. Where is Machu Picchu located?

- A. In the lowlands. B. In the Andes mountains.
C. Near the sea. D. In the jungle.

() 14. Which of the following is not mentioned as a highlight of visiting the capital city, Lima?

- A. Colorful markets. B. Lively music scenes.
C. Ancient Incan temples. D. Street festivals.

() 15. Which of the following is the most widely spoken language in Peru?

- A. Quechua. B. Spanish.
C. English. D. Native Peruvian language.

第二节 (共5小题;每小题2分,总分10分)

根据短文内容,从短文后的选项(A~E)中选出能填入空白处的最佳选项。

Learning a language can be a challenging but rewarding experience. Here are some tips to help you on your language learning journey:

16: Decide what you want to achieve with the language. This will make you more motivated and committed. Do you want to be able to have simple conversations, read books, or write emails?

Having clear goals will give you direction.

Practise regularly: Consistency is key. **17**. Even if it's just for a short period each day, make sure you are making progress.

Immerse yourself: Surround yourself with the language as much as possible. **18**. Listen to

music, watch movies, and read books in the language you are learning.

Find a language partner: Communicating with someone who is also learning or is a native speaker can be very helpful. 19. You can correct each other's mistakes and have fun while learning.

Don't be afraid to make mistakes: Everyone makes mistakes when learning a language. 20. View them as opportunities to learn and improve.

- A. It helps you get used to the language and its patterns
- B. Try to practise at the same time every day
- C. You can learn a lot from their feedback and experiences
- D. Don't let them stop you from moving forward
- E. Set clear goals

第三部分 语言运用 (共两节, 总分 30 分)

第一节 (共 15 小题; 每小题 1 分, 总分 15 分)

阅读下列短文, 从所给的 A、B、C、D 四个选项中, 选出可以填入空白处的最佳选项。

In a small village in Italy, there lived a boy named Marco. Marco loved to sing, but he was 21. Every day, he would go to the 22 where no one could hear him, and he would sing his heart out. His voice was like that of an angel, but Marco never thought it was good enough.

One day, a famous musician named Giuseppe happened to pass by the hills. He heard Marco's voice and was 23. Giuseppe followed the voice and found Marco singing under a tree. "You have an incredible talent," Giuseppe told him. "You must share it with the 24." But Marco shook his head. "I can't do it. What if people 25 my voice?" Giuseppe smiled kindly, "When I was your age, I was 26 too. I was terrified of what people might say about my music. One day, I realized that if I didn't 27 my gift, I would be letting fear control my life. So I started performing, and little by little, I gained confidence." Marco listened carefully. For the first time, he thought about how his fear was 28 him back. With Giuseppe's encouragement, Marco decided to take a leap of faith. He agreed to sing at the next village festival.

The night of the festival came, and Marco was nervous. As he stepped onto the stage, his legs 29. But then he remembered Giuseppe's 30 and took a deep breath. He began to sing. When he finished, there was a moment of silence followed by 31 applause.

From that day on, Marco understood that it was important to believe in himself and his 32. He continued to sing, and eventually, his voice was heard 33 and wide. Marco's story became an inspiration, showing that with courage and the support of 34 like Giuseppe, people can conquer their fears and achieve their dreams. Sometimes, all we need is a little courage and the belief that we can 35.

- () 21. A. outgoing B. shy C. confident D. talkative
- () 22. A. hills B. village C. festival D. fields
- () 23. A. annoyed B. fascinated C. bored D. confused
- () 24. A. village B. world C. family D. choir
- () 25. A. dislike B. adore C. ignore D. envy
- () 26. A. brave B. afraid C. excited D. indifferent
- () 27. A. improve B. control C. share D. inspire
- () 28. A. pushing B. following C. leading D. holding
- () 29. A. relaxing B. still C. steady D. trembling
- () 30. A. actions B. songs C. words D. smiles
- () 31. A. polite B. thunderous C. occasional D. hesitant
- () 32. A. abilities B. fears C. doubts D. failures
- () 33. A. near B. narrow C. long D. far
- () 34. A. guides B. strangers C. experts D. critics
- () 35. A. succeed B. hide C. escape D. conform

第二节 (共 10 小题; 每小题 1.5 分, 总分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

Environmental protection is a global concern that 36 (affect) every living being on Earth. It involves preserving the 37 (nature) world and reducing pollution to ensure a sustainable future. Many people have become more aware of the 38 (important) of recycling and 39 (save) resources such as water and energy.

Governments worldwide have adopted policies to fight climate change and save endangered species. 40 example, some countries have introduced laws to limit the use of single-use plastics, 41 is a significant contributor to environmental pollution.

Individual actions also play 42 crucial role in environmental protection. 43 (simple) change our daily habits, like using public transportation. Moreover, planting trees and supporting renewable energy sources help 44 (restore) the balance of the ecosystem

45 is important to remember that protecting the environment is not a task for just a few but a collective responsibility.

36. _____ 37. _____ 38. _____ 39. _____ 40. _____

41. _____ 42. _____ 43. _____ 44. _____ 45. _____

第四部分 简答及作文 (共两题, 总分 30 分)

46. 英语教学中的任务设计一般应该遵循哪些原则? (10 分)

47. 写作 (总分 20 分)

你的外国朋友 Alice 给你写信, 表达了她对中国节日的浓厚兴趣, 并向你询问有关中国节日的一些情况, 比如节日的特色、庆祝方式等、请给 Alice 写一封回信, 向她介绍一个你最喜欢的中国节日。

要求: 写作词数应为 100 左右。

Dear Alice,
Yours,
Li Hua